

BEGINNER CRAFTS



12 Simple Craft Ideas for Adults

Beginner Crafts: 12 Simple Craft Ideas for Adults

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Beginner Crafts: 12 Simple Craft Ideas for Adults

Dear Readers,

Trying new projects can be intimidating. After all, there are SO many different craft ideas out there! That's why we've put together this eBook of *Beginner Crafts: 12 Simple Craft Ideas for Adults*.

These are some of our favorite easy craft projects that make a big impact! You'll be surprised how effortlessly you can create something stunning with only a few materials and basic crafting techniques.

Inside this collection are a variety of crafts for adults that will inspire you to try something new. Maybe you've wanted to dust off the sewing machine; try making the simple and easy Reversible Sewn Coasters (p.5). Maybe you love the look of scrunchies and you want to try making your own. It's easy with the DIY Hair Scrunchies tutorial (p.8). Maybe you want to turn trash to treasure (don't we all?). Make the dazzling Paper Bag Vases (p.22). Explore all the tutorials we have to offer when you browse this great beginner collection.

Don't miss your chance to make it handmade this year. And don't be intimidated! You are completely capable of making any and all of the beautiful crafts in this PDF collection of *Beginner Crafts: 12 Simple Craft Ideas for Adults*. Download this eBook today!

This free eBook comes with 12 fully illustrated tutorials provided by some of your favorite bloggers. Be sure to jump to our acknowledgements page (p. 27) and browse these blogs for further inspiration.

You can find more craft projects, great gift ideas, and DIY home decor at FaveCrafts.com.

Our eBooks, like all of our craft projects, are absolutely FREE. Please feel free to share with family and friends and ask them to sign up at our website for free newsletters from FaveCrafts.com.

Sincerely,

The Editors of FaveCrafts

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Reversible Sewn Coasters

by Remona Gopaul from thestitchingscientist.com

These reversible sewn coasters are perfect for sewists of all skill levels! Whether you're looking for an easy project for your own home, or you need a quick gift for a loved one, this easy coaster set sewing project is what you've been looking for! Use fabric in your favorite colors or patterns for your incredible DIY coaster set! Kids can make this easy sewing project, too, so don't be afraid to get the whole family involved! This reversible coaster set is quick and easy. Make them for the whole neighborhood!



Skill Level: Beginner

Materials

- Fabric of your choice
- Batting
- Scissor
- Thread
- Sewing Machine (Preferred)
- Needle (Optional)

Project

1. Make a sandwich with your two cake layers and batting with right sides facing out on your fabrics.
2. Cut around your edges and baste stitch (longest length) all the way around to keep the fabrics together.



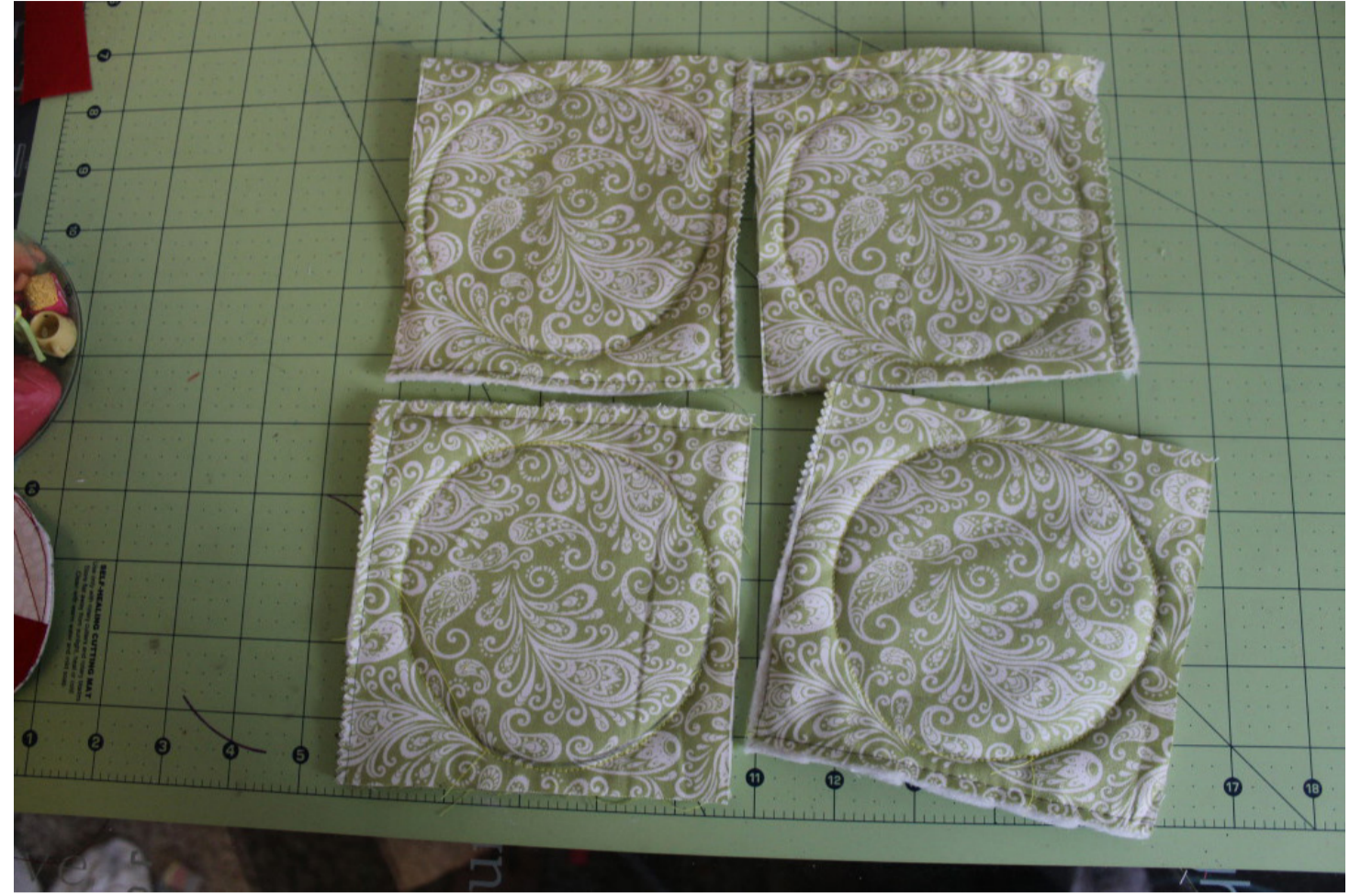
- Sew down the middle from one end and then the middle from the other end to create 4 quarters.



- Make a circle template (4" diameter) and draw a circle in each square.



- Sew around the circle. Cut out your squares.



- Cut out each circle about 1/4" away from your stitch with pinking shears. You can buy pinking shears here if you don't have any.



Lavender and Rose Petal DIY Body Scrub

by [Lynn Lilly from craftboxgirls.com](http://LynnLillyfromcraftboxgirls.com)

Make your own DIY lavender body scrub with our fantastic video tutorial. Paired with dried rose petals, this Lavender and Rose Petal DIY Body Scrub is an absolutely to-die-for project. It's so easy to whip up, and will improve your bath experience a hundred-fold. You can easily package this DIY scrub into small jars to give as gifts! A charming note and ribbon around the jars would make this a great party favor, too. Making your own bath products is all the rage right now, so be sure to create your own exfoliating body scrub!



Skill Level: Easy

Ingredients

- Dried rose petals
- Salt
- Sugar
- Fresh lavender
- Coconut oil

Instructions

1. Put into a mixing bowl: 1/2 cup coarse sea salt, 1/2 cup organic sugar, 8 tbsp coconut oil, 4 tbsp lavender
2. Mix ingredients together.
3. Put into mason jars.

DIY Hair Scrunchies

by [Jane Monzures](http://janemonzures.com/diy/) from janemonzures.com/diy/

DIY hair scrunchies have never been easier. Learn how to sew your own scrunchie with this video tutorial! Like everything in fashion, these trendy accessories are making a comeback. Grab your favorite fabric prints, and discover that making hair scrunchies is easier than you think. You can make a variety of these hair accessories for any occasion. They also make fantastic gifts. You can make several of these in a short amount of time and give them out during the holidays one year, or even as small gifts at a bachelorette party for your bridesmaids. Give them to the girls in your sorority, in favor bags after your daughter's birthday party, or really for any occasion where a small gift might be warranted. This video tutorial will make you an expert scrunchie maker in no time!



Skill Level: Easy

Materials

- Cotton Fabric (Jane likes quilting material!)
- Elastic
- Sewing Machine
- Fabric Scissors
- Safety Pin

Instructions

1. First, cut your fabric 40 inches long and 4 inches wide. The wider you cut the fabric, the fuller the scrunchie. The narrower, the thinner.
2. Measure your elastic about 12 inches, or smaller depending on how tight you want your scrunchie to be.



3. Turn the raw ends of the fabric in and sew in place.



4. Next, with the right sides of the fabric together, sew the long side of the fabric and turn it right side out.



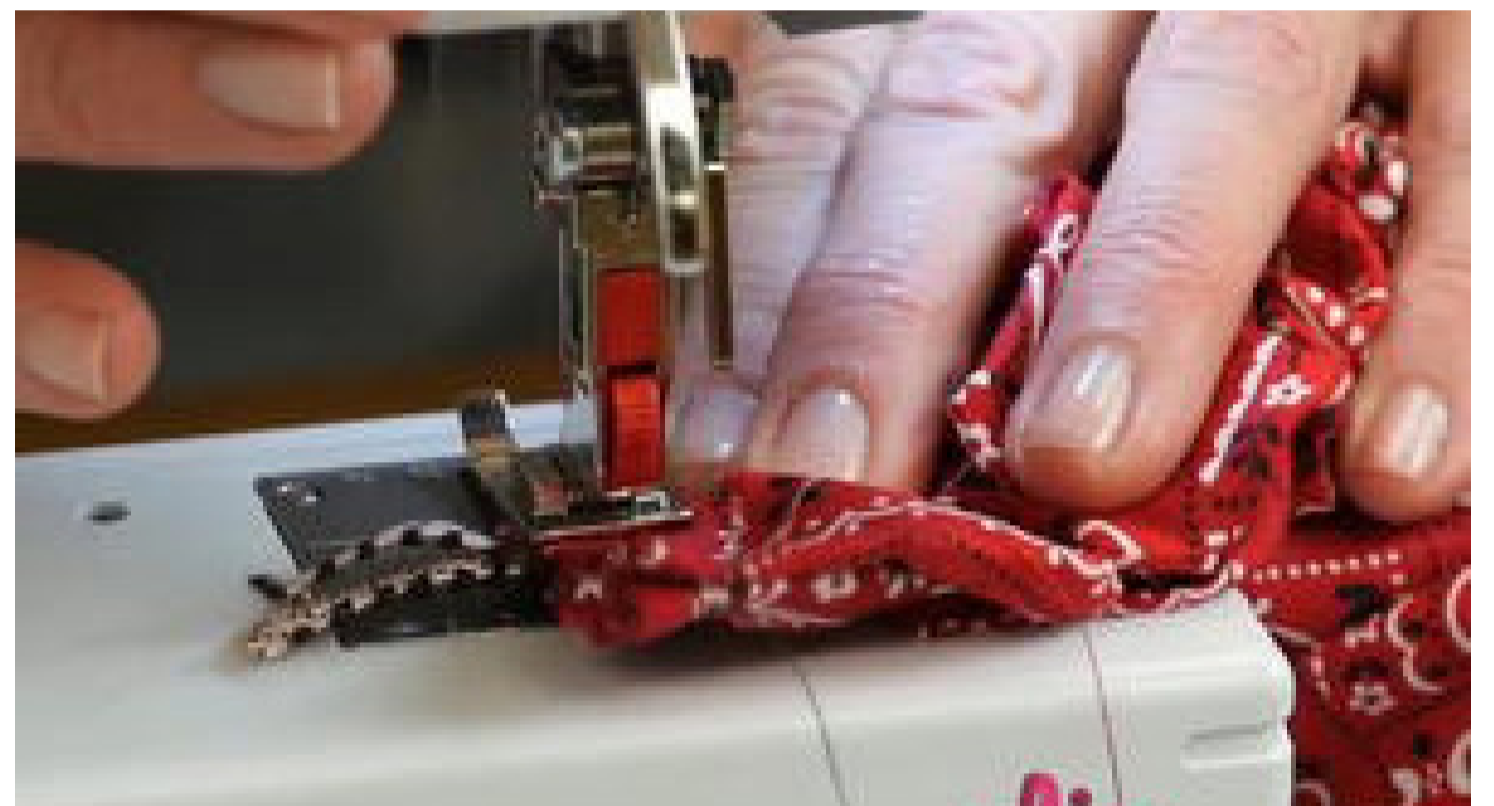
5. With a safety pin attached to one end of the elastic, thread the elastic through the tube, making sure neither end of the elastic gets lost in the middle!



6. Sew the two ends of the elastic together.



7. Sew the open edges closed with a top seam.



8. Don't forget to trim your elastic!



9. You're done!

Rosebud Felt Flower Bouquet

by [Allison Cooling](http://AllisonCooling.com) from quietlioncreations.com

Love the look of flowers, but not the upkeep? These dainty felt rosebud bouquets are perfect for everyone who has a struggling green thumb! These DIY home décor accessories look great in home, office or dorm – and they don't need sunlight to shine! You can choose to add them to small vases, teacups and more – these would make great table centerpieces if you created larger bouquets. These rosebuds have a bit of sparkle with the addition of a crystal flatback center – if you prefer them not as glam, keep them plain. The more sparkly the better, I always say though!



Skill Level: Easy

Materials

- Felt in a variety of colors
- 18g aluminum wire in green
- Scissors
- Flatback gemstones
- Wire cutters
- Hot glue gun

Instructions

1. Gather your materials.



2. Cut a few 8" pieces of aluminum wire. These will act as your stems.



3. Cut various squares of felt from different colors. These will be your roses, and the size of your square will affect the final size of your rose. I made mine about 4", give or take.



4. Round the corners of your felt piece. Cut a spiral into the center of your square. Make sure the widths are somewhat even!



5. Cut a fluted edge into the outer edges.....this gives a more realistic look.



6. Glue the very center of the spiral onto the end of a wire piece.



7. Continue wrapping the felt around the wire, gluing down with every wrap for added strength. Don't wrap too tightly or too loosely!



8. Glue down the very end of the spiral to finish off your rosebud.



9. Glue in crystal flatbacks to the center of the roses for added sparkle.



10. Cut a few leaf-shaped pieces out of green felt.



11. Glue the small leaves under each rose, for a bit of greenery!



12. Group your roses together and wrap green aluminum wire around the stems for a cleaner look. This also makes it much easier to place in your chosen vase.



13. Cut any excess wire off the ends to fit your vase. Simply place in bouquet- if you want to gently move any of the rosebuds, bend the aluminum wires to your liking.



Upcycled Fabric Cedar Sachets

by [Tracy Alden from artrez.com](https://www.artrez.com)

Make your own sachets using recycled materials and your favorite essential oil. By using recycled fabric from old clothing, spare buttons, and bits of lace, you'll be able to sew cedar sachets to put in your drawers for a lovely scent. These sachets make wonderful gifts around the holidays and smell so wonderful. Please note that some people and pets have allergies to plants and essential oils. Make sure no one in your household is allergic to the ingredients before using.



Skill Level: Easy

Materials

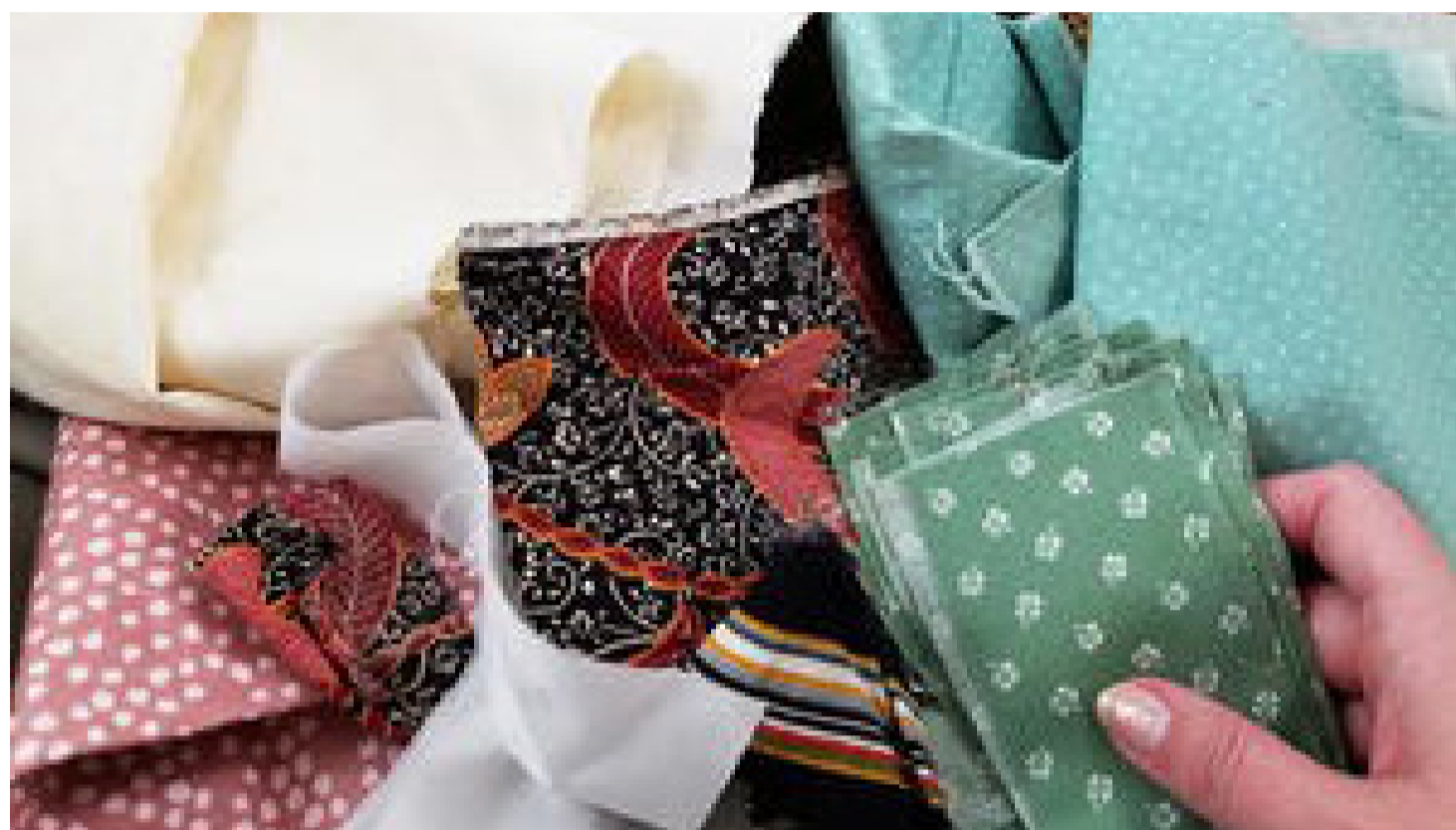
- Fabric scraps
- Small pieces of lace and/or trim
- Small lengths of ribbon or thin strips of fabric such as linen or muslin
- Thread
- Sewing needle
- Buttons
- Fabric Scissors
- Cedar shavings
- Cedar essential oil
- Mixing bowl
- Sewing Machine *if not hand stitching
- Ruler
- Pencil
- Paper
- Craft scissors

Instructions

1. Pour the cedar shavings into the mixing bowl and remove any large chunks of wood or bark from the mix. Sprinkle lightly the cedar essential oil and stir the shavings. Repeat this about 4 times to make sure the shavings have an extra boost of cedar scent. Let the shavings sit and soak up the oil, which can take 5 to 10 hours.



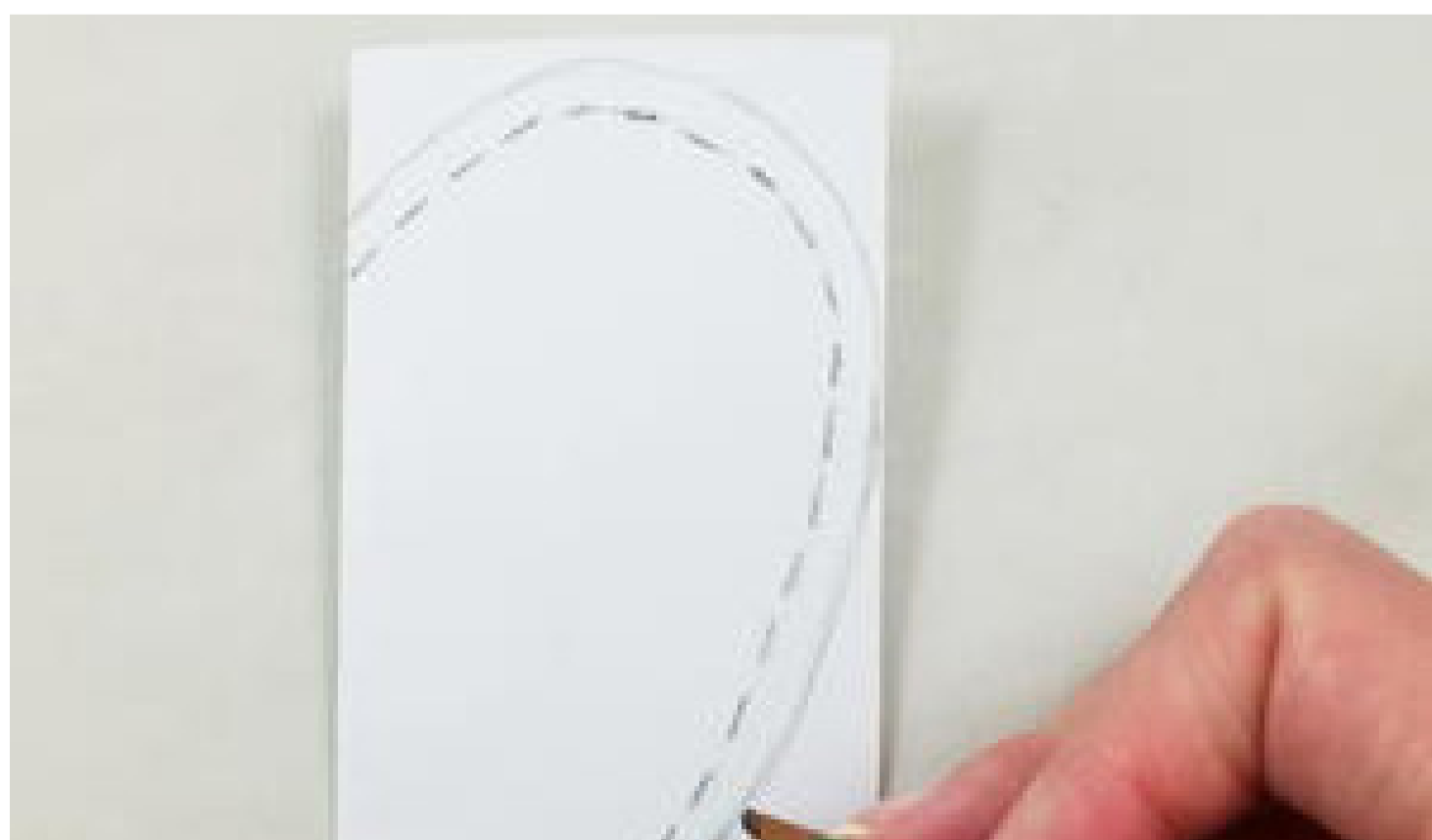
- In this pile I have fabric scraps, remnants, old bed linen, swatches of clothing, table cloths and more. The only requirement for any fabric pieces to use in this project is that is to be lightweight and ideally cotton, hemp, linen, muslin or other plant fiber based materials. These will allow the scent of the cedar to release easier over time.



- Using a ruler and pencil draw a 5 inch by 5 inch square. This is the starting size for the heart pattern.



- Cut out the 5 inch square and fold in half. Staying just within the lines of the paper, draw half a heart. Then within that line draw a second dotted line, $\frac{1}{4}$ " width. This will be the guide for a $\frac{1}{4}$ " seam.



- Cut out the paper heart and draw in the $\frac{1}{4}$ " seam allowance dotted line on the second side.



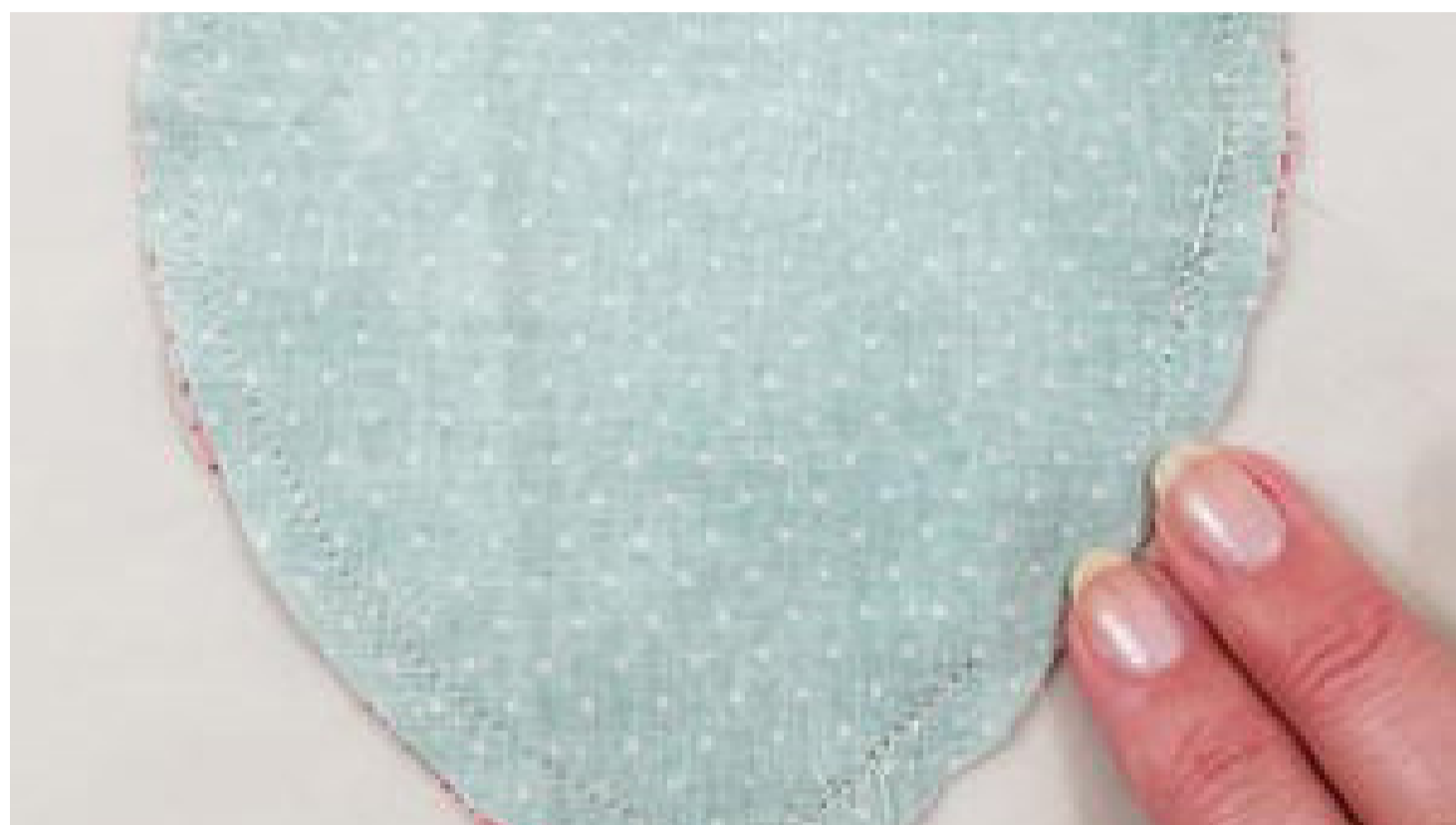
- Use the pattern to cut out 2 fabric hearts for each sachet. If possible fold fabric and pin the pattern onto the fabric to cut two fabric hearts at a time if the remnants are large enough.



- Do not worry if the fabric pieces are only wide enough to cut one heart out, you can always cut more of a contrasting or complementary fabric.



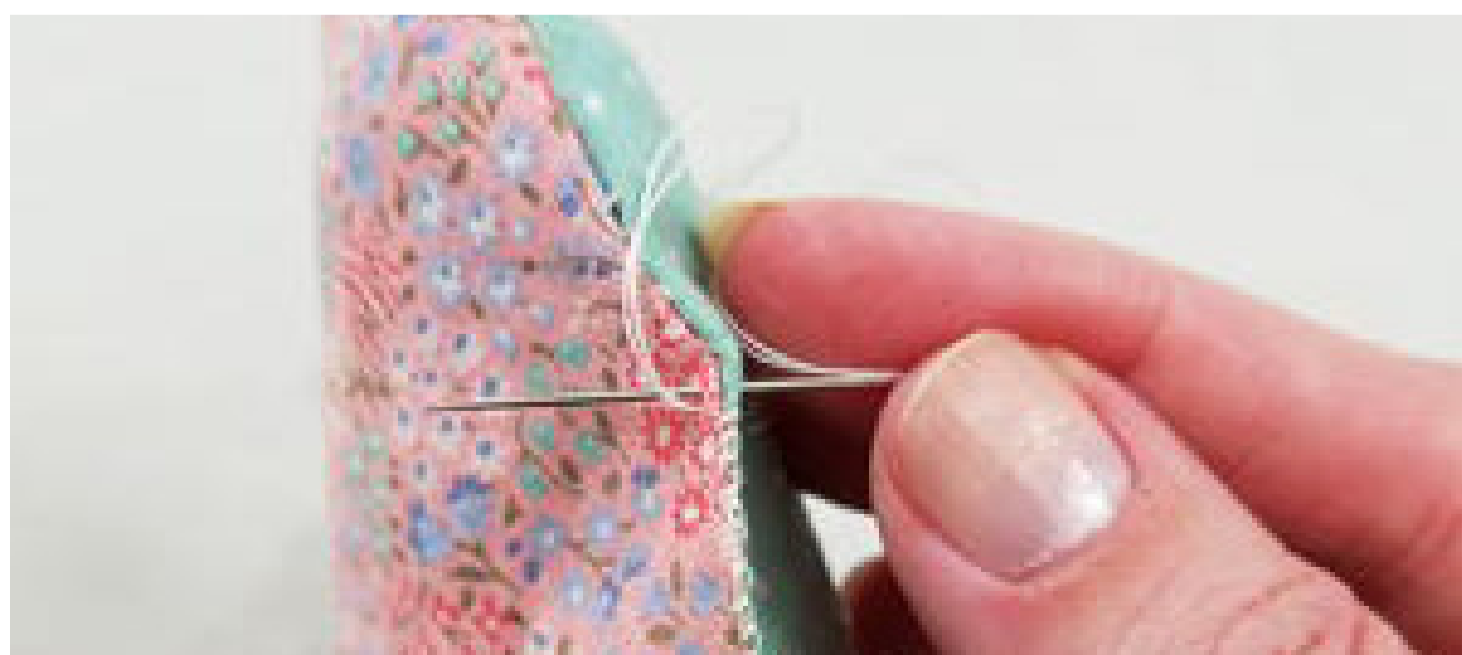
8. Place the right sides of the fabric hearts together and stitch around the heart with a ¼" seam. Make sure to do a reverse stitch when you start to sew and at the end, as it will strengthen the stitch and prevent it from unraveling when turning rightside out and stuffing the fabric heart. Make sure to leave a portion unstitched, making an opening to turn the fabric heart rightside out.



9. Snip any corners of fabric that might pull or tuck when turned rightside out, such as the dip in the heart or the point of the heart. Turn rightside out and use the eraser end of a pencil to push the heart into shape. Stuff each heart with cedar shavings.



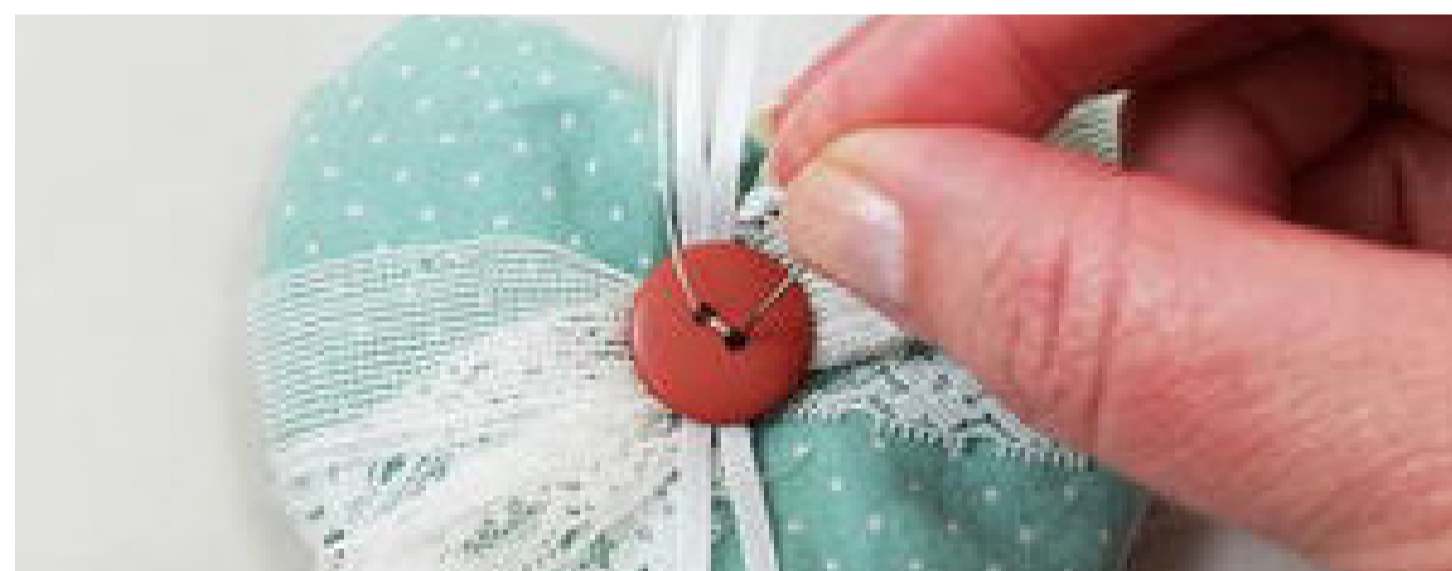
10. I used an Overcast Stitch to sew up the open part of the heart, as any lace or trim later will cover up the stitches. If you do not want to add lace or trim later, use a Slip Stitch to sew shut the heart.



11. Using a small piece of lace or fabric create a sash that goes around both sides of the heart, making sure to cover the stitch that closed the heart. Gather and stitch together the sash, in the front of the heart. If you do not want a gathered front sash you can always stitch closed the sash on the back of the fabric heart.



12. Loop a piece of ribbon and stitch the ribbon and a button through the sash and the fabric heart to create a secure hanger for the sachet. Hang your newly created sachet on doorknobs, hangers, coat racks or in boxes or dressers.

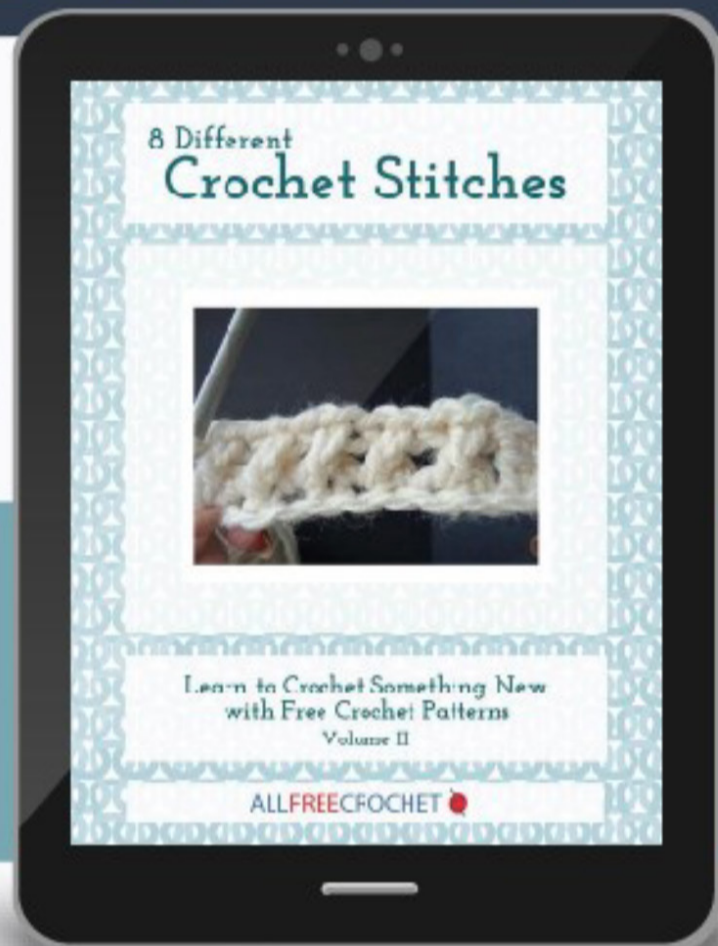


13. Different lace and trim placements make each sachet a unique piece. Try making sachets in different shapes, sizes and fabrics. Not a fan of cedar? Switch out the cedar for dried rose petals, rosemary or lavender!



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FAVEQUILTS

How to Make Bath Bombs

by [Addie Gundry for favecrafts.com](https://www.favecrafts.com)

DIY bath bombs don't need to be complicated. Find the best bath bomb recipe of all in our article all about making bath bombs! This tutorial includes a video to show you how to make bath bombs at home that you'll absolutely obsess over. Give them as gifts or hoard them all for yourself - no one would blame you. If you have a hearty collection of essential oils on hand, you can really make a great variety of scents for different purposes. Wake up with orange or relax with lavender. The world is your oyster! Treat yourself and make bath bombs now.



Skill Level: Easy

Materials

- 1 cup baking soda
- ½ cup citric acid
- ½ cup Epsom salt
- 1 tsp water
- 1 tsp essential oils
- 3 tsp coconut oil, melted
- Food coloring
- Stand mixer
- Bath bomb molds
- Packaging used for apples

Instructions

1. In a stand mixer, combine baking soda, citric acid, and Epsom salt.
2. Add in water, essential oils, and coconut oil.
3. Stir in food coloring of your choice.
4. Using bath bomb molds, scoop out the mixture and pack into the mold. Using your hands push the mixture into the cup until it is firm.
5. Flip the cup over into the apple container.
6. Let sit and harden for at least 12 hours, preferably 24.

Vintage Plate DIY Cake Stand

by [Stephenie Hamen for FaveCrafts.com](https://www.favecrafts.com)

Recycle vintage plates into a brand new piece of décor with this crafting video. Ideal for a fancy party like a baby shower or DIY wedding shower, this Vintage Plate DIY Cake Stand is insanely simple to make and only takes a few minutes to put together. Using candlesticks and stunning plates of your choice, you can make this homemade cake stand permanent or temporary depending on which adhesive you choose. Make this DIY home décor piece a forever favorite with high-intensity super glue or throw together some temporary, last-minute décor by using hot glue sticks.



Skill Level: Easy

Materials

- Vintage dishes
- Candlesticks
- Hot glue (temporary) or high-intensity glue (permanent)

Instructions

1. Stack two complimentary plates, one a bit smaller than the other – secure with the glue of your choice.
2. Turn the plates over and add glue them to the candlestick – allow the glue to dry.
3. [Click here](#) to watch our video.

Flowery DIY Wall Art

by [Elise Engh from eliseenghstudios.com](http://eliseenghstudios.com)

For a gorgeous spring craft idea that's easy and engaging, look no further than this Flowery DIY Wall Art. You and your kids or grandkids will adore making this fun flower craft. It's a great way to turn natural materials into art that you can proudly display for all to see. Don't hesitate to make as many of these as you want. These are the kind of crafts for kids you'll want to hang up all over the house. They can also be given away as gifts to grandparents or teachers. Everyone is sure to be delighted with the results of this beautiful nature craft.



Skill Level: Beginner

Materials

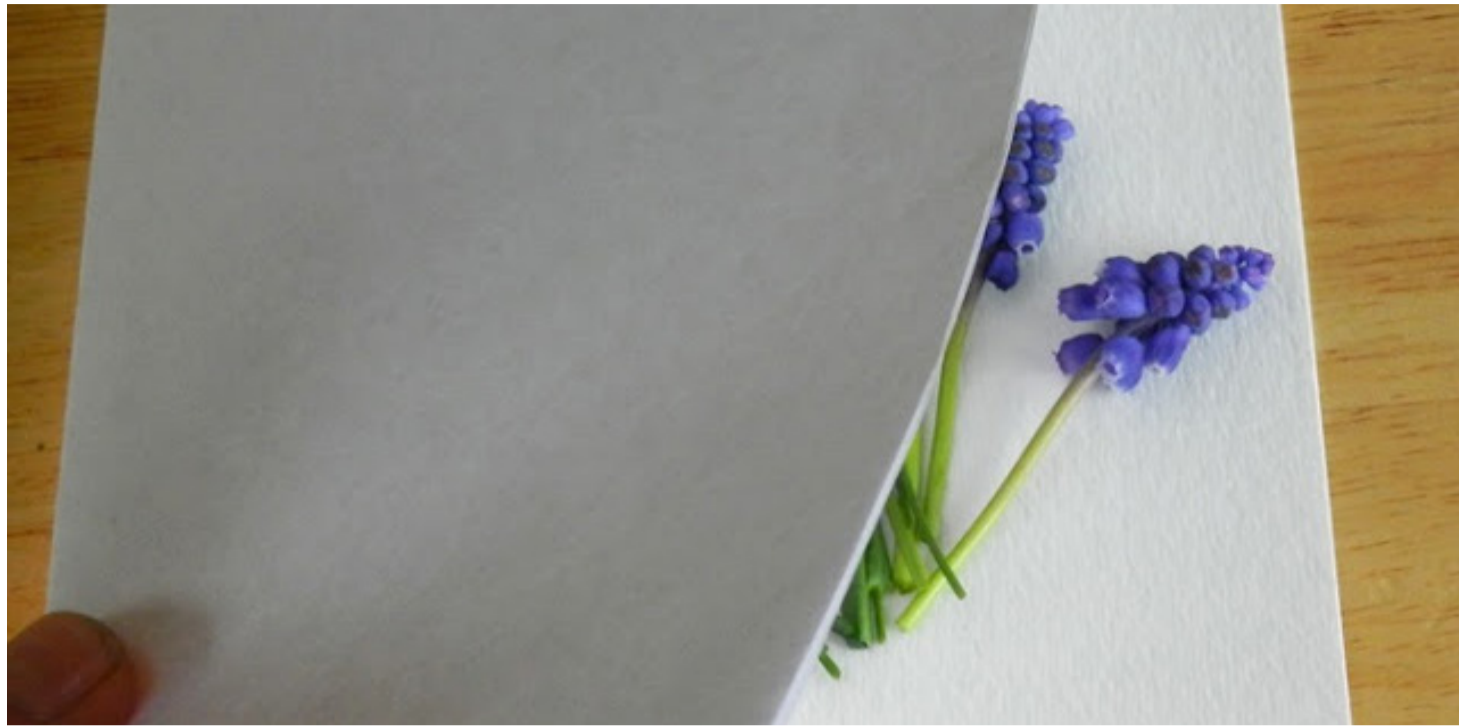
- Flowers, grass, weeds- whatever you like
- Heavy weight paper- I used 140lb watercolor paper
- Sheet of regular printer paper
- Hammer (optional)

Instructions

1. Gather up and wash some flowers and grasses. Just to make sure they will work on your nice paper, test them out on some scrap paper first. I couldn't get leaves to work with this method, but try whatever you like!
2. Arrange your flowers and grasses on your nice heavy weight paper.



3. Place a regular sheet of printer paper on top of your arrangement- you can fold your printer paper in half if you like.



4. Without moving your flower arrangement, press the printer paper on top of it carefully, making sure to squish the juices and natural dyes out of the plants. This is where you might need a hammer. The grape hyacinths pressed easily with my fingers, but I had to pound the grasses to make any marks on the paper.



5. Lift the printer paper off and see the prints you made with the dyes of the flowers. Remove the smashed plants and repeat the previous steps to add more to your artwork, if desired.



6. Some plant remnants may still stick to your paper, so let it dry and then scrape off the extra stuff.



7. Yea! You're all done. You can frame your artwork or make custom cards out of them!



How to Make a Rice Heating Pad

by [Chris Hammond for FaveCrafts.com](https://www.favecrafts.com)

Ever have those insanely long weeks and all you want to do is relax and de-stress? This How to Make a Rice Heating Pad tutorial is a super easy project that can take your relaxation process to the next level. This is a crazy easy way you can make your own homemade heating pad instead of spending money on it. Plus, you could make tons of DIY heating pads with different essential oils to help you with different stressors you might be experiencing. This rice heating pad recipe is so incredibly fun and easy to make!



Skill Level: Beginner

Materials

- Two fat quarters of fabric
- Essential oils
- Scissors
- Dry rice
- Paper funnel
- Sewing machine

Instructions

1. Line your two fat quarter fabric sheets on top of each other. Cut off the salvage edge.
2. Fold the sheets in half right sides together.
3. Sew from one corner all the way around until you are about four inches from the end. Stop there, do a back stitch, skip two to three inches, and back stitch again. **Tip:** For this project we used a quarter inch seam allowance, but you just need to make sure you keep it consistent.
4. Clip the corners of your fabric, and turn your project inside out.
5. Make yourself a little funnel using a piece of paper, or use an actual funnel if you have one handy. Fill your bag with dried rice.
6. Add three to four drops of essential oil and shake it around, making sure to keep your hole closed.
7. Tuck the edges of where your is together and sew over them.
8. Trim off all your little ends and shake it a little bit longer.
9. **To Use:** Heat it up in 15 second increments. Be sure that your pack is not wet or the bottom of your microwave, because you could run the risk of steam burning yourself.

Paper Bag Vases

by [Wendy Robbins from myfrenchtwist.com](http://WendyRobbins.com)

While other gals delighted in Pandora bracelets and Ugg boots, I remember being over-the-top thrilled when articles first began emerging validating the use of mixed metals in home decor. Although my wardrobe is completely devoid of bling, I have a fetish for metals. I think homes mixing touches of matte gold and pewter and copper are much more interesting than ones with a predictable, monochromatic display of hardware. Back to my metal fetish. When I first spotted some paper bags painted metallic silver, I found yet another way to introduce some industrial bling to my home. I grabbed some paper lunch sacks along with some copper and silver spray paints and went crazy. The result? These sweet little containers that can be used for a myriad of purposes – planters, vases, containers, and more.



Skill Level: Beginner

Materials

- paper lunch bags
- metallic spray paint
- scissors

Instructions

1. For this project, I used lunch-sized paper bags. I simply unfolded them and spray painted the exterior with a metallic paint. I used both copper and silver paints.



2. Once the paint dried, I trimmed about 2" off the top of the bags.



3. Next, I inserted a second, unpainted bag into the painted one. I then folded the top of the inserted bag down over the sides of the painted one. It's okay to scrunch your bag up a little, as a few small "dents" give the vase character.



4. This step is optional, of course, as you can use these little paper bag vases for a variety of purposes. I always look for an excuse to bring fresh flowers into my home, so I filled three glasses with water & flowers then placed them inside the bags. I just love these little guys!



Hello Yarn Wreath DIY

by [Angie Holden from thecountrychiccottage.net](http://thecountrychiccottage.net)

Learn how to make a basic yarn wrapped wreath! This yarn wreath DIY is totally adorable and perfect for any time of year. Brightly colored yarn and a cheery sentiment make this a welcoming wreath for your front door. Say hello to visitors with a crafty wreath and make them feel right at home. From the Designer: "Add a fun sentiment to your front door with this simple wreath idea. Make any word you would like from wire and wrap in yarn for an easy way to add some color!"



Skill Level: Easy

Materials

- Wreath form
- Hot glue and glue gun
- 20 gauge craft wire
- Yarn (in two colors)

Instructions

1. Start by wrapping the wreath form with yarn. Secure the loose end with hot glue then wrap tightly to ensure that the form cannot be seen through the yarn.
2. Once complete, secure end of yarn with additional hot glue and set aside.
3. Form craft wire into the word of your choice.
4. Then secure loose end of a second color of yard to one end of wire with hot glue. Start wrapping the yarn around the wire.
5. Wrap tightly to ensure the wire cannot be seen through the yarn.
6. Secure other end of yarn with hot glue once wrapping is complete.
7. Use additional hot glue to secure the yarn wrapped word to the wreath form then hang anywhere in your home.

Easy Scrap Fabric Brooches

by [Kristen Hubert from scrapfabriclove.com](http://www.scrapfabriclove.com)

This project is about using up small and unusual shaped scraps of fabric to make an easy scrap fabric flower. You can then use the flower to make a brooch, decorate a hat or a bag or even a hair clip. The great thing about this project is you can make something out of those strange off cut shapes from your other sewing projects. I've even used the corners cut off when making bag gussets to make these so it's a great scrap buster. Can you tell I just hate throwing even the smallest scraps away!



Skill Level: Beginner

Materials

- Minimum of 4-6 1"-2" fabric scraps (no upper limit!)
- Spare Buttons
- Sewing Machine
- Needle and thread.
- Brooch pin or hair clip base (optional)

Instructions

1. For the tweed/blue one I decided to make them a bit more pointy and for the red and cream one a bit more rounded.
2. What shape you choose will most likely be determined by the shape of your scraps to be honest but either way just use your rotary cutter to get them the shape you want.
3. For the blue one the longest petal was 2 3/4" long and the shortest was 1 1/2". For the red and cream one the shortest was 1 1/2" and the longest was 2".



4. For the cream and red one I literally stopped making petals when I ran out of that particular type of fabric scrap, so I had 6 in total. For the other one I was doing more of a colour family thing so I just layered them up until I felt like I liked how big it was.
5. Next I used a zigzag stitch around the edge of each of my petals. I used a shorter stitch for the thin men's shirt cotton and a longer one for the tweed and quilted fabrics.
6. These scrap fabric flowers are actually a great project for beginner sewers or might-as-well-be-beginner sewers – like me! – as you can practice different stitches and turning the fabric in your machine etc.



7. To assemble your scrap fabric flower, all you have to do is lay out your petals in the design you like and pick out a pretty button (or several) to finish it off.
8. For the cream and red one I hand stitched them all into place at once as there weren't many petals.
9. For the tweed & blue one I stitched the layers of petals together in the centre first before adding the button in the middle.



10. Depending what you plan to do with your scrap fabric flowers you can choose to add a backing to finish it off. I am partial to a bit of sticky back felt myself for this kind of thing.
11. You can also sew on a brooch pin to make this a removable brooch.
12. If however you are planning to stitch these scrap fabric flowers straight onto another project like a bag or a hat or something you may not need any backing at all.



Special Thanks to Our Contributors

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[Chris Hammond for FaveCrafts.com](#)

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